

### Shared decision

## - a Danish experience



# A couple of statements... - probably no one disagrees (;

Health care only has a purpose in the service of the patients

Proper service for the patients is only possible if we are able to construct a partnership between professionals and patients

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#### (A couple of statements...

- probably no one disagrees)

As health care evolves there are more and more equally useful methods when treating diseases

Informed patients make informed – and often different - decisions.

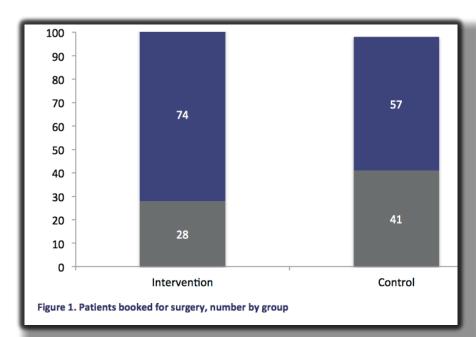
Empowering patients, actively inviting them to be part of a shared decision making, is a first important step when we want a healthcare system with respect for patient's values and preferences.

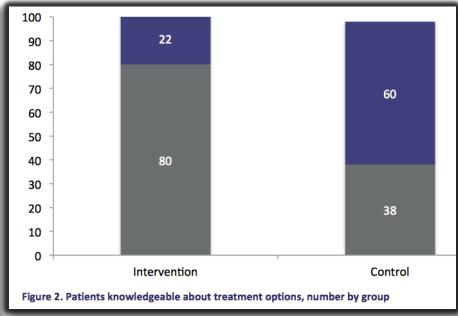


#### Test of simple decision supporting tool

A 9 min video on effects and complications: Surgery vs. training in OA of the knee

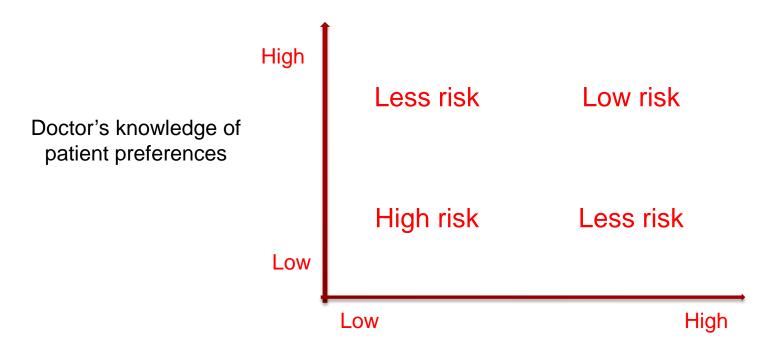
The intervention group watched the video –
The control group did not







#### Risk of silent misdiagnosis



Patient's knowledge of possibilities, effects and risk