# PATIENT INVOLVEMENT IN EU RESEARCH AND POLICY

Moderated discussion

EPF Regional Advocacy Seminar

Lund (S), 24 November 2015





# A changing landscape

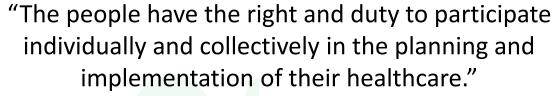




### Why patient involvement?



A right!



Alma Ata Declaration – Principle IV (1978, WHO)

A common operating principle of EU health systems

"All EU health systems ... aim to involve patients in their treatment, to be transparent with them, and to offer them choices where this is possible... to offer individuals information about their health status, and the right to be fully informed about the treatment being offered to them, and to consent to such treatment. All systems should also be publicly accountable and ensure good governance and transparency."

**Brings benefits** 

Council Conclusions on common values and principles in European Union
Health Systems, 2006

# Why Patient Involvement in research?



Advances in medicine only possible with the voluntary participation of patients

Involvement also leads to better quality research results

Legitimacy, transparency and accountability: patients have a MORAL RIGHT to be involved Produce results that can be used to effectively improve practice

#### A new vision!





**Vision:** patients as "co-producers" of well-being and integral actors in the health system



# What promoting Patient involvement is not about:

- Increasing consumerization;
- Shifting responsibility inappropriately;
- Blaming patients for being ill

#### Patient involvement: HOW?



1. What are the barriers to patient involvement in policy & research?

2. How can we remove these? What are the enablers of patient involvement?



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