

"Moving Forward on Policy and Practice — Reflections from a Patients' and Professionals' Perspective"

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### Reflections from a Patients' and Professionals' Perspective

The health systems of Europe,

are facing

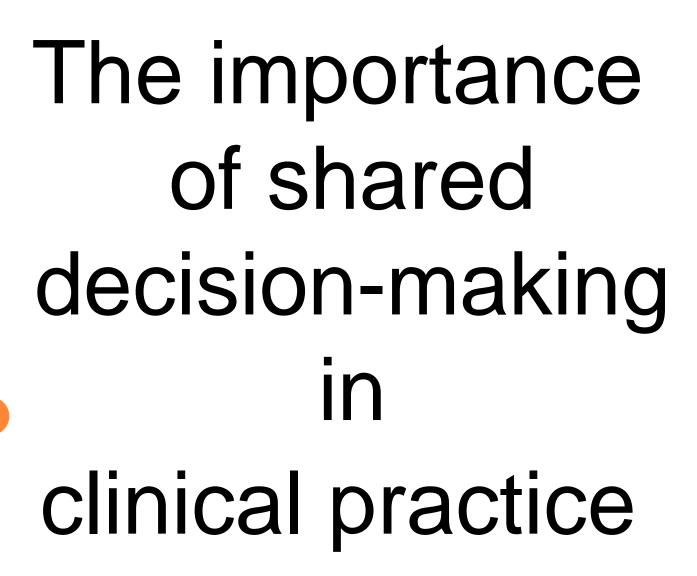
a number of challenges

#### Reflections from a Patients' and Professionals' Perspective

Persons with chronic diseases, develop specific needs as they grow older, that are distinct from the general population.

Various possible solutions are being promoted, including eHealth and personalised medicine





All patients, including older patients, should be enabled and empowered to become equal partners in care

Fragmented organization and delivery of care, forms a major barrier to good quality care and quality of life.

## Patients stress that "health" should be addressed in a holistic way

Innovative solutions form an essential component of the future vision of healthcare

for patients with chronic diseases, "active and healthy ageing" rests on the cornerstone of equitable access to good quality, patient-centred healthcare.

(e-) health literacy is a crucial strategy to empower patients and to combat health inequalities, and to enable patients and carers, to use innovative solutions with confidence.

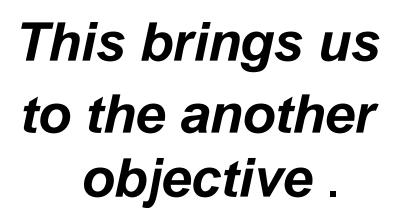
#### FOR OLDER PERSONS NEEDING MEDICAL SERVICES,

IT IS OFTEN IMPOSSIBLE TO SEPARATE THE CLINICAL ASPECTS OF CARE, FROM THE LEGAL ELEMENTS

It is of vital importance for health care professionals,

to be guided by practical standards, and to meet these legal challenges,

successfully and productively.



to sensitize health care professionals, about some of the potential emerging legal issues they may encounter in providing clinical services to the elderly, and to offer practical advice and guidance, that will better empower the practitioner, to begin to cope intelligently, with legal issues and the responsibilities, they impose.

### MUCH OF THE CARE THAT OLDER PATIENTS RECEIVE

IS DETERMINED FROM
THE ABILITY AND WILLINGNESS OF
INDIVIDUAL PROFESSIONALS TO PROVIDE IT,

RATHER THAN BASED ON
THE WIDELY AGREED
STANDARDS OF BEST PRACTICE,
GIVING PRIORITY TO PATIENTS'
PREFERENCES FOR TREATMENT.

# HEALTH CARE PRACTICE AND KNOWLEDGE ARE CONSTANTLY CHANGING AND DEVELOPING,

AS NEW RESEARCH AND TREATMENTS,

CHANGES IN PROCEDURES,

**DRUGS AND EQUIPMENT** 

BECOME AVAILABLE.

#### PROFESSIONAL ASSOCIATIONS

HAVE A ROLE TO PLAY

IN THE DEVELOPMENT OF THIS SECTOR

Special attention, should be paid to the attitudes and behavior portrayed by such professionals, in their interactions with older patients.

# Many patients and their families,

may find it hard to participate in healthcare decisions

# WHAT DO PATIENTS EXPECT FROM PROFESSIONALS



- to recognise that it is ethically fundamental to share important decisions with patients;
- to encourage patients to ask questions, explain their condition and express their personal preferences;
- To provide accurate information regarding different aspects of treatment (such as options & the uncertainties, benefits or even harms of treatment), in line with the best practice for risk communication.
- To adapt information to individual patient needs and allow sufficient time to consider their options;
- To afford adequate resources to help patients, and their families, reach the right decisions.



#### EPF/FPP Conference on The Rights and Needs of Older Patients

Warsaw, 12-13 July 2011

# WHAT DO PATIENTS EXPECT FROM POLICYMAKERS



To adopt **policies that encourage shared decision making**, considering also its measurement, as an incentive for improvement.

To amend informed consent laws to support the development of skills and tools for shared decision making.



#### WHAT IS OUR ULTIMATE GOAL

- To sound their concerns and their questions, and speak up about important issues which concern them;
- To recognize their right to actively participate in the decisions regarding their state of health and the health services which they would require.
- To be aware of their right to access high quality health information and services, ensuring observance of quality standards.





## Growing need for a comprehensive approach to chronic diseases





## to support effective self-management and partnership, with health professionals.





## paying particular attention to inequalities in health



#### On behalf of the EPF Board

Thank You ALL especially, 740MAS Anders & Nicola & All EPF Staff for their excellent, professional organisation





#### More information?

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