

‘ACCESS TO HEALTHCARE FOR ALL: MAJOR CONCERNS AND CHALLENGES. NEW PERSPECTIVES FOR YOUNG PATIENTS’

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Nicosia Cyprus



@eupatientsforum
#Access2030

“ A STRONG PATIENTS’ VOICE TO
DRIVE BETTER HEALTH IN EUROPE ”





Andreas Christodoulou - 29 Years old Cancer Survivor / Person with CD (IPT Disease)



europeanpatients'forum
Youth Group

- President of EPF's (European Patient's Forum) Youth Group – Belgium



THE CYPRUS ASSOCIATION OF CANCER PATIENTS & FRIENDS

- Patient Advocate / Administrative and IT Officer at PASYKAF – Cyprus



ΠΟΣΠΦ
ΠΑΝΚΥΠΡΙΑ ΟΜΟΣΠΟΝΔΙΑ ΣΥΝΔΕΣΜΩΝ
ΠΑΣΧΟΝΤΩΝ ΚΑΙ ΦΙΛΩΝ

- Board Member of POSPF (Pancyprian Federation of Patients' Associations and Friends) - Cyprus



EPF European
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UN SDGs - The road to universal access in the EU by 2030



Universal Health Coverage
For All.
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- **Goal 3:** Ensure healthy lives and promote well-being for all at all ages
- **Key target:** achieve **universal health coverage by 2030**, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all



However we still have some way to go... whether it is: the population covered, the type of services, or the proportion of costs that patients' pay. Many unmet needs and unequal experiences still exist.



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The campaign strategic objective



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What is the overarching goal of the campaign?

“ To contribute to making **universal access a reality for EU patients by 2030**, through defining and promoting concrete actions, in concert with the health community, to which decision makers need to commit, to ensure we achieve the Health SDGs by 2030. ”

EPF Working Group on Access

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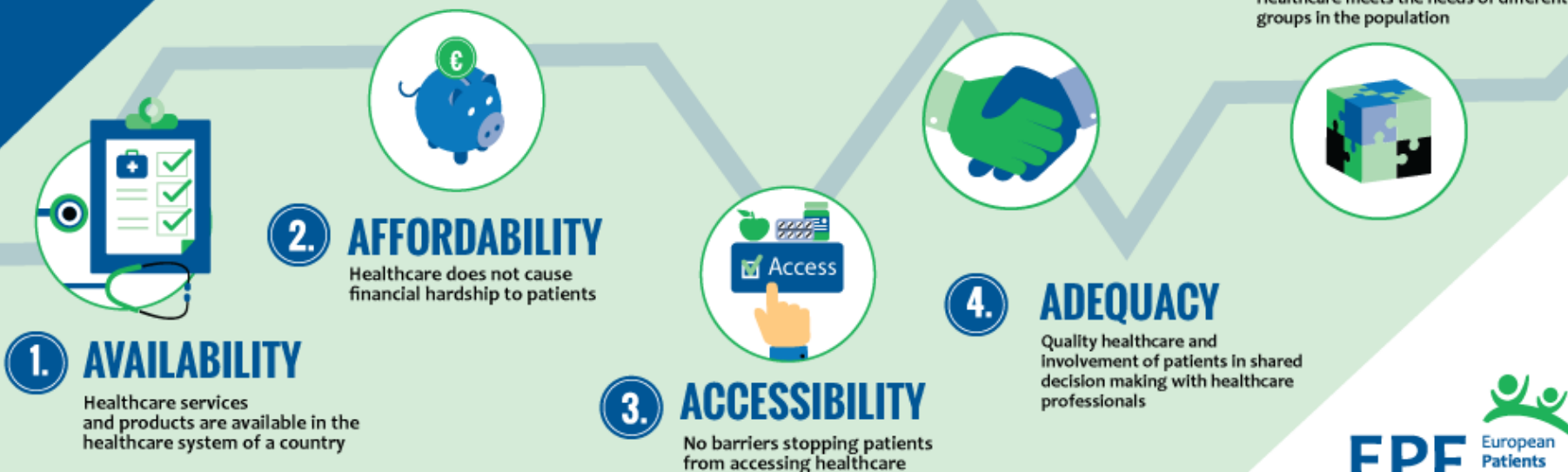
ACCESS TO HEALTHCARE



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What is Access to Healthcare?

EPF considers that access to healthcare encompasses 5 key dimensions needed to ensure equitable access to high quality healthcare from the perspective of patients:



Main policy areas for recommendation



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The Campaign will focus on 5 areas for political action

EPF and the campaign's partners will develop a set of policy recommendations and actions to achieve the objective set out by the campaign.



Providing access to quality of care



Committing to sustainable investment in health



Encouraging affordability of healthcare products and services



Implementing access to a holistic range of health and social services



Ending discrimination and stigma patients are facing in healthcare

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Major Concerns/Challenges



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- EU Patients have financial hardships leading to increased health inequalities.
- The safety and quality of healthcare in the EU is unequal
- 20% of health spending in OECD countries may be inefficient or wasteful.
- Unmet needs of the ageing population & of young patients
- Employment Discrimination in people with CDs



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New perspectives for young patients

Patient Engagement / Empowerment



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Creating a culture in young adults and children

- Humans are cultural beings.
- Effective engagement – Know the people you want to serve
- Educate young patients and the Health care providers.



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Looks familiar?



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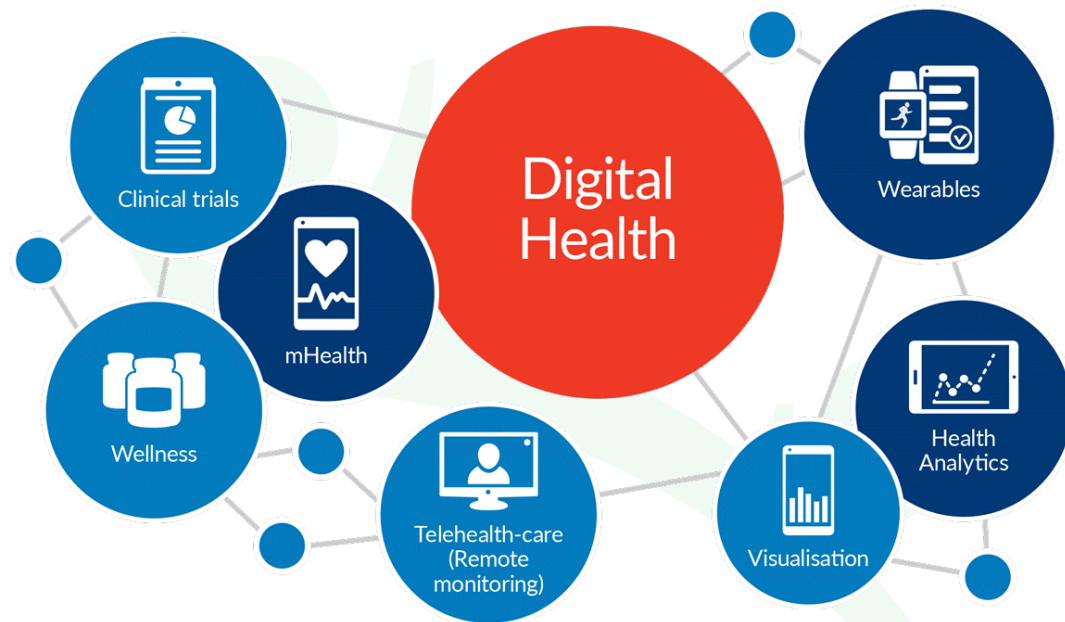
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Digital Health / Online Tools



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- Patient portals / blogs
- Mobile devices
- Mobile Health Applications



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Health Care Providers crucial role



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- Patient centered culture
- Face-to-face encounters
- Discussion – Leave room for young adults to be heard
- Build relationships



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Last note



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- Patients are essential to a Patient-Centered Healthcare system.
- Universal Access to Healthcare is a big challenge.
- Young people are the future!
- Young patients are here to stay!
- Engage with the next generation of empowered patients!



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EPF European Patients Forum

THANK YOU FOR YOUR ATTENTION!

FOLLOW ME ON SOCIAL MEDIA!



/antr3ascy & /European Young Patients



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**More information
www.eu-patient.eu**

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