



## Name: Polis Stavrou

Age: 29

Country: Cyprus

Name of the Organisation: International Diabetes Federation Europe (IDF Europe)

## About my Organization:

- IDF Europe is the European chapter of the International Diabetes
  Federation (IDF). We are an umbrella organization representing
  70 national diabetes organisations.
- Promoting diabetes care, prevention and cure worldwide.
- Vision: Living in a world without diabetes.

## How to contact me:

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## About me:

I was diagnosed with diabetes type 1 at the age of 6. Ever since then I am living with diabetes. I studied Nursing at Cyprus School of Nurses and Midwifes and I am specialized Nurse in Mental Health Nursing. I am volunteer in Cyprus Diabetic Association and I am Young Advocate of Cyprus in IDF Europe. I represent the IDF Europe in the EPF Youth Group.