



Name: Bianka Tomózer

Age: 24

Country: Hungary

Name of the Organization:
'Together it's easier' For Women's Health
Foundation

About my Organization:

- the only official public benefit non-governmental organization in Hungary dedicated to supporting women with endometriosis
- raises awareness on endometriosis
- in 2019 the Foundation has created a menstruation tracking application where you can add your symptoms and the application indicate if there is a chance that you have some illness relating your women health
- teenager education programmes

How to contact me:

E-mail: tomozer.bianka@gmail.com

Facebook: www.facebook.com/btomozer



About me:

My name is Bianka Tomózer I was diagnosed with endometriosis at the age of 19 and I had a surgery two days after my graduation. Endometriosis affects one in ten young reproductive aged women.

After the surgery I started volunteering for 'Together it's easier' For Women's Health Foundation. As being a patient with endometriosis and also being a volunteer I can see the struggle of women who are suffering from this disease in all age groups. Unfortunately, endometriosis is a widely unknown disease not only in our society but also among gynecologists, which causes a large diagnostic delay. Endometriosis is defined as the presence of endometrial-like tissue outside the uterus, which can cause dysmenorrhoea, pain at ovulation, dyspareunia, abnormal bleeding, chronic pelvic pain, fatigue and infertility. The cure for endometriosis is still unknown, the general treatment for this disease is a laparoscopic/laparotomic surgery, which can be very complicated and risky in advanced stages of endometriosis. That is why I believe that our biggest weapon in the battle against endometriosis is information and spreading awareness especially among youth, so they can catch their disease in early stages, therefore we can save painful years for young girls.

About myself I am a biologist and currently I am doing my master's with all the nerdy things that come with it. I joined the Youth Group in 2021, after participating at the fourth edition of STYPA.