# WORKSHOP 4 COLLABORATING WITH NATIONAL PARTNERS

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## **Objectives**



- To understand the added value of cooperation with national partners – particularly healthcare professionals
- To share experiences, including possible barriers
- To discuss what "meaningful" patient involvement with professionals looks like
- To suggest practical ways in which cooperation might be enhanced:
  - On the part of healthcare professionals
  - On the part of patient organisations

### Key issues



Collaboration with specialists "works" mostly – but more issues in general healthcare

Need to identify "cross-cutting" issues where cooperation with national medical associations would be most useful (for both sides)

More attention needed on chronic disease care

- many diseases become chronic that were fatal
- holistic view of the patient
- ongoing monitoring and support for patient

# **Key issues & recommendations**



#### Patients can help improve services for everyone:

- "Tell and show" the patient experience to the professionals
- Through lectures at conferences, joint meetings...
- Participation in development of clinical guidelines

#### Co-operation on information to patients:

- Developing patient-friendly, evidence-based information
- Guidance on "Dr Google" and how to find the right information
- Disseminate existing tools (example: guidance to patients on how to prepare for consultations with doctor) more widely

# **Key issues & recommendations**



#### Professional training:

- Patients should be contributing much more to training curricula
- This could be addressed at EU and national level

#### Change of culture!

- Find your "champion" professionals and use their influence to push for change in medical practices

## **Key issues & recommendations**



#### Avoiding tokenism:

- Ethics guidelines
- Practical tools, guidance (e.g Value+ tools)

MORE IN THE REPORT! Including examples