

Roundtable on transition to adult care

21 March 2016 - 9.00-13.00

New venue: Penta hotel

Chaussée de Charleroi 38
1060 – BRUSSELS
Belgium

Transition to adult care is a delicate process within the healthcare system. It involves a wide range of stakeholders from hospital and health managers, policy-makers, health professionals, young patients and their families. Poor coordination of responsibilities during the transition from childhood to adult care can have negative psychological effects on young patients, which can lead to a lack of trust in health professionals and in the healthcare system. Lack of management in the transition to adult care can result in a lack of consistent, patient-centred assistance and care for young adults with chronic conditions.

The EPF Youth Group want to shed a light on this topic with the overall objective to raise awareness of the challenges and potential pitfalls that young patients face when transitioning to adult care and contribute to build a safe net to support them in this delicate process.

The Roundtable has the following specific objectives:

- Sharing case studies in transition to adult care through discussion and testimonies from young patients;
- Emphasising and exploring the need for more training for healthcare professionals to adequately handle the complex needs of young patients transitioning to adult care.

WHAT WE EXPECT TO ACHIEVE

Through addressing these specific objectives, this roundtable should ultimately make a valuable contribution towards fostering better health policy and health outcomes for young patients on either end of the child/adult care spectrum.

- Enablers for effective transition to adult care are defined;
- Young patients are aware of the standards they should demand and are empowered, equal participants in the transition process;
- Health managers, healthcare professionals and policy makers are aware of the needs and engaged to improve services for young patients transitioning to adult care;
- Increased cooperation and understanding between young patients and healthcare professionals.

STRUCTURE OF THE ROUNDTABLE

The roundtable will gather up to 25 stakeholder representatives of patient organisations, healthcare professionals, health organisations, family carers, parents' organisations, youth organisations, MEPs and representatives of Member States.

WHO WE ARE

The EPF Youth Group is made up of young patient representatives between the ages of 15 and 29. The aim of the EPF Youth Group is to become the reference group of the young patient community and its role is to communicate the needs and expectations of young patients to EPF and its members.

Draft Agenda

Time	
09:00-09:30	Registration
09:30-10:00	Setting the scene: the young patient's perspective
10:00-11:00	Sharing case studies and projects findings <ul style="list-style-type: none">• MOCHA: Models of Child Health Appraised. A focus on children's rights• The Milestone project: Managing the link and strengthening transition from child to adult mental healthcare• Assisted transition: from the pediatric center to the adult clinic' for young people with diabetes• SIOPE: transition from childhood to adult care in paediatric haemato-oncology
11:00-11:30	Coffee break
11:30-12:45	Open discussion
12:45- 13:00	Conclusions
