## **Transnational healthcare in Europe Challenges for patients**

#### **Tomas Mainil**

(Breda University of Applied Sciences, Netherlands)

#### Sabina Stan

(Dublin City University)

**Cross-Border Directive** participates in the transnationalisation of healthcare

**The challenge:** transnational healthcare leads to **private-public mixes** in coverage and provision

**Implications for patients** 

#### What is transnationalism in healthcare?

**Transnationalism:** sustained **linkages** between people, places & institutions **across borders** (Faist 2010).

**Transnational healthcare**: border crossing policies, provision and patients.

#### **The Cross-Border Care Directive**

Directive's challenge to patients' rights

- From its *implementation* in <u>national</u> contexts
- To its *role* in <u>transnational</u> healthcare

### **Transnational healthcare in Europe**

Border crossing:

- 1) healthcare policies
- 2) healthcare provision
- 3) patients



# 1) Border crossing healthcare policies



Diffusion of policies of *marketisation* & *commercialisation* of healthcare

EU interventions to embed *fiscal sustainability* in national health policies

*Challenge: navigating public-private mixes in coverage and provision* 

### 2) Border crossing healthcare provision

#### Healthcare multinationals

MEDICOVER

RAMSAV

#### International accreditations of EU hospitals



*Challenge: navigating public-private mixes in coverage and provision* 

#### Patients and mixed healthcare systems

Increased choice & better quality services

Bureaucracy, uncertainty & barriers re:

- quality & continuity of care
- rights of access and coverage



#### The maze

Patient X chooses private clinic (speedy access).
Is treatment covered by public or private funds?
X is then admitted to public hospital (sole provider)
Is her stay covered by public or private funds?

'Choice' is enhanced, but not necessarily in the same manner for everyone.

# Patient routes are complex even in national settings...



# ...but even more so if we add cross-border contexts



#### 3) Border crossing patients: three routes



Restricted ,baskets of national public services' increase demand for Medical tourism.

#### **Two scenarios for the Directive route in Europe**

1. Transnational healthcare growth

#### 2. Transnational healthcare vitality

Source: adapted from Mainil et al 2017

#### Scenario 1: Transnational healthcare growth

EU focus: economic growth of transnational care

Cuts to public health expenditure lead to reduced 'baskets of services' & longer access times

The Directive route and other policies are used as a tool to foster EU leadership in the global medical tourism <u>market</u>

Patient access to health services is segmented

#### **Scenario 2: Transnational healthcare vitality**

EU Social Pillar: 'Everyone has the right to timely access to affordable ... health care of good quality'

The Directive becomes a springboard to implement EU social pillar rights by

- adequately funding <u>National</u> Contact Points
- reinforcing <u>national public</u> provision of quality & timely care
- regulating medical tourism industry

Patient access to health services is inclusive

#### References

Mainil, T. and Stan, S. forthcoming. Transnational health care. *In* Furman, R., Winnett, R., Epps, D. and Lamphear, G. (eds.) *Health Care Social Work: A Global Perspective*. Oxford: Oxford University Press.

Mainil, T., Eijgelaar, E, Klijs, J, Nawijn, J, Peeters, P. 2017. *Research for TRAN Committee – Health Tourism in the EU: A General Investigation*. Brussels: European Parliament, Policy Department for Structural and Cohesion Policies.

Stan, S. Cross-border patient mobility, consumer citizenship and the uneven European healthcare space, under review with *Journal of Ethnic and Migration Studies*, special issue on 'Transnational medical mobilities: Care, commodification, counting and citizenship' N. Lunt and M. Ormond (eds.).

# Thank you!

mainil.t@nhtv.nl sabina.stan@dcu.ie