QUALITY OF CARE AND PATIENT SAFETY: CORNERSTONES OF THE LEGISLATION

Dominik Tomek Association for the Patients Rights Protection, Slovakia EPF, Board member 9 July 2014



Who we are ?



Countries: Austria, Czech Republic, Hungary, Slovakia and Slovenia







National coalition of patients organizations in Slovakia

Association for patients rights protection

- Full member EPF since 2011
- Member of IAPO
- Patient contact point in Slovakia for Parliament, MoH, EC representation in Slovakia, Insurance association
- 78 full and associated patients organizations

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Article 4

- Member States should take into account the principles of universality, access to good quality care, equity and solidarity and to apply the principle of nondiscrimination.[Art. 4(1) and (3)]
- MS should have in place and apply clear quality and safety standards for healthcare providers ... as well as Union legislation on safety standards [Art. 4(1)b-c].
- ✓ This information has to be made available to patients [Art. 4(2)a].
- Providers must give patients the information they need to make an informed choice [Art 4(2)b]



Article 10

- MS to "render mutual assistance and to cooperate with each other" ... particularly concerning standards and guidelines for quality and safety of healthcare, and the exchange of information between the national contact points [Art. 10(1-2)]
- ✓ Information regarding a professional's right to practise must be given upon request to other MS [Article 10(4)]
- - Patients should check with NCP regarding HCP qualifications

Continuity of care

- ✓ If a medical follow-up proves necessary after their return home, the home country must provide the same followup as for treatment received at home [Art 5(c),(d)]
- ✓ Patients are entitled to a copy of their medical record [Article 4(2)(f)]

But...

- Medical guidelines are different
- Translation of medical record?
- Availability of follow-up treatments

Directive is vague – patient feedback is key





What if something goes wrong?



- Every MS: complaints procedures and mechanisms for patients to seek remedies if they suffer harm
- Transparent information about what legal and administrative options exist for settling disputes [Article 4 (2)(c) and Article 5 (3)]
- ✓ Remedies: national laws

Recital 23: MS may apply the coverage of its domestic system also to cross-border healthcare

Patients need to check with NCP when considering CBHC

What are we talking about



Quality and safety in healthcare

- Patient safety is a new healthcare discipline that emphasizes the reporting, analysis, and prevention of <u>medical error</u> that often leads to <u>adverse</u> <u>healthcare events</u>. Recognizing that healthcare errors impact 1 in every 10 patients around the world, the World Health Organization calls patient safety an endemic concern.
- Two types of patient safety event can be distinguished:
 - ✓ sentinel events that should never occur such as failure to remove surgical foreign bodies (e.g. gauze swabs) at the end of a procedure; and
 - ✓ adverse events, such as post-operative sepsis, which can never be fully avoided given the high-risk nature of some procedures, although increased incidence at an aggregate level may indicate a systemic failing.

Patient Safety in the EU: 2014



What is the issue?



Quality of care – how to measure ?



Who is measuring

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Quality of Care

Improving performance through benchmarking

Measuring quality of care

- Providing patients with high-quality care that is effective, safe and responsive to patient needs – is a guiding principle of health systems in all OECD countries. Measuring quality of care within and across countries is the cornerstone of efforts to benchmark country progress towards this goal.
- Since 2002, the OECD has been collecting comparative statistics on the quality of care for:
 - chronic conditions and related acute exacerbation
 - patient safety
 - mental disorders
 - cancer care
 - communicable diseases
 - primary care
- Disease-based measures may not be adequate to deal with changing patterns of need. A key future direction for our work will be the development of new approaches for measuring quality of care for people with multiple morbidities.

The OECD is supporting countries as they strengthen the information infrastructure to better track quality of care. How should countries link data across administrative databases and registries? How should they use information extracted from Electronic Health Records? How can data privacy be reconciled with the research needs?

DID YOU KNOW ...that 30-day mortality for patients admitted with a heart attack (acute myocardial infarction) has decreased by 40% over the past ten years in all countries thanks to improvements in acute hospital care?

Understanding the differences at disease level

While progress has been made in collecting comparable indicators of health care quality, still too little is known about the reasons behind significant cross-country differences in performance.

© OECD 2013



EC website links to all Member State NCPs...



66 A STRONG PATIENTS' VOICE TO DRIVE BETTER HEALTH IN EUROPE

How to find the right information?

It is hard for a patient to find information on the national safety and quality standards/guidelines

It is hard to find the standards in another EU Member State (even if you speak the language)

It is even harder for a patient to <u>compare</u> different standards

'The criteria are embedded within an indication of needs matrix, encompassing the continuum of care needs. The criteria for fully funded NHS care (levels 5-6) are designed to take account of the needs of those only at the most emplex end of the continuum. The vart n ajority of those in receipt of care from health and social care services are provided from a range of mainstream services, which are available to all according to their need, or packages of support provided jointly by health and social care working in partnership (levels 1-4)."

(From a letter to a patient from an NHS Trust) http://www.plainenglish.co.uk/campaigning/examples/h





General information's

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Meeting of the Patient Safety & Quality of ⊠ Care Working Group	e-newsletter 24 June 2014
Brussels, 13 March 2014	
• Agenda 🕎 (87 KB)	Latest updates
List of attendees 😰 (30 KB)	Eurobarometer on patient safety and
Presentations	quality of care Released 19 June 2014
Work of the Education and Training in Patient Safety Subgroup of the European Commission and Quality of Care Working Group 🛱 (3 MB) Basia Kutryba	Patient Safety Infograph "Patient safety in the EU: 2014" Released 19 June 2014
Update on OECD's Health Care Quality Indicator Project 😭 (3 MB) Niek Klazinga	Commission's second implementation report on patient safety, including the prevention and control of healthcare associated infections Released 19 June 2014



General information's



Special Eurobarometer 411

PATIENT SAFETY AND QUALITY OF CARE



Example



Postoperative pulmonary embolism or deep vein thrombosis

- Deep vein thrombosis (DVT) is a condition wherein a blood clot forms in a vein of the deep system. DVTs can occur anywhere in the body, but are most frequently found in the deep veins of the legs, thighs, and pelvis
- Thrombophlebitis is a condition in which there is both inflammation and a blood clot in a vein. Thrombophlebitis can occur in either superficial or deep veins. Superficial thrombophlebitis occurs in veins close to the skin surface, and usually causes pain, swelling, and redness in the area of the vein.
- A thrombosis in a deep vein is a much more serious problem than one in a superficial vein, because a piece of the clot can break off and travel through the deep veins back to the heart, and eventually be pumped by the heart into the arteries of the lung. When this happens, the condition is called pulmonary embolism (PE).

Postoperative pulmonary embolism or deep vein thrombosis in adults, 2011 (or nearest year)



European Patients



Hospitals specialized on CBHC

Our department works in high standard and with independently evaluated top results. This is achieved by excellent education and extensive experience, combination of knowledge and capabilities of the physicians of the departments, specialists of different orientation. The close cooperation with rehabilitation and physiotherapy proved to be very beneficial. In 2013, the department underwent a complete reconstruction.

Interventions offered to foreign patients

- Artificial joints
- Arthroscopic operations
- Children orthopaedics
- Reconstruction after injuries

Artificial large joints (hips, knees, shoulders)

We have a wide range of surgical methods as well as used material from the foremost world companies, we managed in standard even the most complicated situations in the solution of endoprothetic interventions. We have above-standard results, particularly, complications of infections are below the European standard, evaluated by health insurance companies. Technical complications, such as luxation of hips at the planned operations, virtually does not occur

How to find <u>the right</u> information?



Natural sources of information's about quality and safety:

- My personal experience (mine, family, friends)
- My doctor/specialist who is recommending me !!!
- My insurance within prior authorization process !!!
- Personal testimony of my fellow patients !!!
 - Including proven web sites (PO approved web sites)

Artificial sources of information's about quality and safety:

- National contact points
- Media (they cover only tragedies, errors)
- Internet (not approved web sites)

How to find <u>the right</u> information?



Quality and safety – errors and treatment failures due to inappropriate communication?

Language gap – how to deal with?



- Standard way: Your doctor, specialist recommends you and should give you also English "abstract" of your medical records (NCP could/should assist him with this or pay for this ? Insurance should pay for that ?)
- Not standard but understandable way: Dr.Google translates?
- A TIP: a tourist guide who accompany you on the first day in hospital?
- In most cases the chosen HCP will do the tests anyway !
- So the problem is mostly in the direct communication in the hospital abroad and critical is the first day!

What can patient organisations do?



- PO have expertise and can channel direct patient experiences to point out weaknesses and system failures – a valuable source of information for better health policy
- Patient organisations can raise awareness and help patients find the right information
- Approach NCPs and offer advice on how to provide information well
- Insist NCP involves the patient organisations as regular partners
- ✓ Feed back experiences to EPF & EC

What should be done at EU level?



- ✓ Information needs to be made comparable across countries
- Guidelines for information to patients?
- Easy-to-find place possible "one-stop shop" at EU level?

Possible future "key indicators" for quality of healthcare?
→ to identify and share best practices for the benefit of patients and quality of health systems

(What does quality mean from the patient's perspective?)





Where we found the informations

- <u>http://www.webmd.com/dvt/deep-vein-thrombosis-pulmonary-embolism</u>
- <u>http://www.ema.europa.eu/ema/index.jsp?curl=pages/news_and_events/news/</u> 2014/06/news_detail_002127.jsp&mid=WC0b01ac058004d5c1
- <u>http://www.oecd.org/els/health-systems/hcqi-patient-safety.htm</u>
- http://ec.europa.eu/health/patient_safety/policy/index_en.htm
- <u>http://ec.europa.eu/health/patient_safety/events/ev_20140313_en.htm</u>
- <u>http://ec.europa.eu/health/patient_safety/docs/ebs_411_sum_en.pdf</u>
- From Wikipedia, the free encyclopedia

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Who we are?

Countries: Austria, Czech Republic, Hungary, Slovakia and Slovenia



European **Patients**

EPF

Patient Safety in the EU: 2014



What is the EU response?

***** 2009 EU Council Recommendation on patient safety



A problem ?



Maybe a big problem ?

- The safety of patients receiving healthcare, including the probability of contracting healthcare-associated infections, is a serious concern for the European Union.
- It is estimated that 8-12% of patients admitted to hospital in the EU suffer from adverse events, such as healthcare-associated infections (which account for approximately 25% of adverse events); medication-related errors; surgical errors; medical device failures; errors in diagnosis; and failure to act on the results of tests.
- On any given day one in 18 patients in European hospitals have at least one healthcare associated infection. Every year an estimated 4.1 million patients acquire a healthcare associated infection in the EU, and at least 37,000 die as a result. Furthermore it is estimated that 20-30% of healthcare-associated infections can be prevented by intensive hygiene and control programs.

What should Member States do?



- ✓ MS should refer to existing EU instruments and actions
 − CR on patient safety and quality of care (2009)
- MS should co-operate with each other and involve patient organisations and health professionals in development/implementation of guidelines and standards
- ✓ Share experiences, good practices, research outcomes, quality assurance systems, etc
- ✓ JA-PASQ (2012-2015), work in EC PSQC working group, etc.

Directive 2011/24/EU on the application of patients' rights in cross-border healthcare



EPF recommendations

We recommend that Member States *refer to existing EU instruments and actions,* including the 2009 Council Recommendation on patient safety and quality of care and the Joint Action on Safety and Quality of Care, when implementing this Article.

We encourage Member States to *cooperate with each other* and to *involve patient organization's* as well as health professionals in the development/implementation of guidelines and standards.

We encourage Member States to *agree on key indicators* at EU level to be able to identify and share good practices to improve quality for the benefit of patients and the sustainability of health systems.