European Patients' Forum Newsletter A strong patients' voice to drive better health in Europe



//JANUARY 2018 ISSUE

W elcome to the first 2018 issue of the EPF newsletter.

In December, we closed our Access to Healthcare campaign, with a high-level roundtable in the European Parliament. We received strong political support from the Commissioner for Health, Mr Andriukaitis, and champion MEPs for the Roadmap to Achieving Universal Health Coverage by 2030.

2018 will be the year of the **EU budget**. The negotiation of the future Multi-Annual Financial Framework is set to dominate the discourse. Cuts will be made, but will the EU keep investing in health? We attended the Conference on the Future of EU Finances and sum up the current state of play.

New year, new project! Our January started with the kick-off of **COMPAR-EU**, a 5-year project on self-management interventions in chronic diseases. EPF is a partner of the consortium and will lead on including the perspective of patients in the outcome of the project.

The next edition of the **Summer Training Course for Young Patient Advocates** will take place in July in Vienna. It will focus on anti-discrimination and stigma and applications are welcome until 1 March.

In September 2017, we concluded the fourth module of our **Capacity Building Programme in Romania**. Read about how 20 Romanian organisations refined their strategic plans, developed their communication strategies and reached great results.

In our blog, our member EUFAMI walks us through their **art exhibition on better mental health**. The exhibition celebrates EUFAMI's 25th anniversary bringing together 25 artists from all over Europe and explores the concept of "Home" as a safe place for everyone. Read more on how art does a wonderful job in supporting their advocacy work towards 'deinstitutionalisation' of mental health care, bringing people out of care facilities and hospices and back within the family and their larger community.

Also in the blog, Tracy Held from the European Men's Health Forum shares the launch of their **Guide on Working with Cancer for men**. Read more about why a guide for men in the work place is needed and why it is a really good signal.

Finally, some **team news** from EPF's Secretariat. Enjoy the reading! Marco Greco, EPF President and Nicola Bedlington, EPF Secretary General

May No



A ROADMAP TO ACHIEVE UNIVERSAL HEALTH COVERAGE FOR ALL



Ensuring healthy lives for all is a cornerstone of sustainable development. However,

2018 - THE YEAR OF THE EU BUDGET



The negotiation of the future Multi-Annual Financial Framework will be the political

SEE OUR VIDEOS ON OUR YOUTUBE PAGE

UPCOMING EVENTS

01/02/2018 | <u>Closing Conference of the Health4LGBTI</u> <u>Pilot project</u>

Brussels

EPF attendance Katie Gallagher

01/02/2018 | eHealth Stakeholder Group

EPF newsletter

patients still face many barriers to access healthcare in the EU. In December 2017, we organised a high-level policy roundtable to present the conclusions and outcomes of our Campaign on Access, including the Roadmap to Achieve Universal Health Coverage for All by 2030.

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COMPAR-EU: IMPROVING SELF-MANAGEMENT INTERVENTIONS



COMPAR-EU is a multi-method, multicomponent, inter-disciplinary project funded within the EU programme for Research, Horizon 2020. COMPAR-EU will contribute to bridging the gap between current knowledge and practice on self-management interventions or SMIs.

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In September 2017, we concluded the fourth module of our Capacity Building Programme in Romania, where 20 organisations revised their strategic plan and developed their communication strategies.

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BLOG: MEN, WORK AND CANCER - A GUIDE FOR MEN STAYING OR RETURNING TO WORK AFTER A CANCER DIAGNOSIS

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COUNT US IN! - A NEW EDITION OF THE SUMMER TRAINING COURSE FOR YOUNG PATIENT ADVOCATES

priority of the year. Cuts will be made, but

will the EU keep investing in health?



In 2017, we ran a pilot Summer Training Course for Young Patient Advocates with the aim of coaching young trainees and strengthening their leadership and advocacy skills. Now we are thrilled to announce that the second edition of the training will take place once again in Vienna!..

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BLOG: EUFAMI CELEBRATES 'HOME' - ART FOR BETTER MENTAL HEALTH



EUFAMI celebrated its 25th anniversary in November by organising an art exhibition to promote better mental health. A total of 25 artists from across Europe participated in an exhibition in Brussels framed under the theme of 'HOME'.

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EPF TEAM UPDATE: AU REVOIR LAURENT; BENVENUTA LETIZIA!

Brussels

EPF attendance Kostas Aligiannis

05/02/2018 | PACT Partners' Assembly

Brussels

EPF speaker Nicola Bedlington

07/02/2018 | WHO Health Systems Foresight Group

Copenhagen, Denmark

EPF speaker Nicola Bedlington

12-14/02/2018 | Chrodis+ Meeting

Treviso, Italy

EPF attendance Lyudmil Ninov

13/02/2018 | Policy Meeting on Quality of Care

Brussels

EPF attendance Kaisa Immonen

20/02/2018 | European Health Parliament - Plenary Session

Brussels

EPF attendance: Valentina Strammiello

20/02/2018 |SDG Watch Europe Annual Assembly

Brussels

EPF attendance: Katie Gallagher

5/12/2017 |IEEE Summit on Technology for Health: Transforming Healthcare and Wellbeing

Brussels

EPF attendance: Lyudmil Ninov



In November, the European Men's Health Forum launched a unique guide to support men staying or returning to work after a cancer diagnosis. The guide answers all the questions that working men whether employed, self-employed or freelance have when cancer strikes.



EPF started 2018 with a new team member in the Comms team. We send Laurent our best wishes for his future, and we welcome Letizia, our new Communications Manager!

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CONTACT US

EUROPEAN PATIENTS' FORUM Chaussée d'Etterbeek 180, 1040 Brussels BELGIUM

Phone : +32 (0)2 280 23 34 Email : <u>info@eu-patient.eu</u> www.eu-patient.eu | <u>eu-patient.org/blog</u>



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