



Name: Aedan Kaal

Birth date: 19.09.2005

Country: The Netherlands

## Name of the Organization: FH Europe

## About my Organization:

 FH Europe is actively working to improve Europe-wide awareness, understanding, and access to diagnosis and treatment of inherited lipid conditions, (specifically FH, HoFH, Lp(a), FCS), so that all those impacted receive optimal treatment and support, resulting in longer and healthier lives.

## How to contact me:

E-mail: aedankaal@gmail.com

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## About me:

Hey y'all! My name is Aedan and I live in Almere, The Netherlands. At the age of 6 I was diagnosed with Lp(a) (Lipoprotein(a) is a cardiovascular risk factor). I am an active member of Stichting LEEFH and FH Europe, patient organisations dedicated to raising awareness of health issues, with a particular focus on FH, HoFH, Lp(a) and FCS. FH (Familial Hypercholesterolaemia) affects many members of my family. Through my involvement with these organisations, I actively contribute to their transformative work by using the power of social media. One of the ways we do this is through our YouTube channel, where we have created inspiring videos and shared valuable resources. By spreading knowledge and fostering a better understanding of these vital health matters, we aim to make a positive difference to the lives of countless individuals.

I just started my medical study at VU Amsterdam (Vrije Universiteit) and aim to become a paediatric surgeon, as I am deeply driven to provide children with perspective, hope and guidance in challenging and difficult situations. Witnessing the impact of conditions such as severe scoliosis on my sister's life has fuelled my determination to make a difference. When it comes to my personal hobbies, I like making music (I'm a pianist), reading books (I'm a horror geek) and writing.

I am very excited to be part of this group. I believe that improving a child's quality of life and preventing them from facing long-term challenges, such as being confined to a wheelchair, or a cardiovascular disease, is one of the most rewarding ways to help people.