

THE PATIENT'S PERSPECTIVE: WHY EMPOWERMENT MATTERS?

Aneela Ahmed, EPF Youth Group, National Voices, UK

Brussels, 22 June 2016

Robert Bosch **Stiftung**

“ A STRONG PATIENTS' VOICE TO
DRIVE BETTER HEALTH IN EUROPE ”

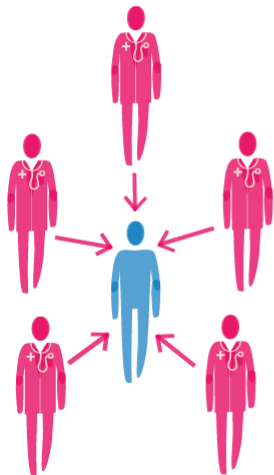
EPF European
Patients
Forum

Patient Empowerment

- What is patient empowerment?
- What does it mean to us, patients?
- What is the added value to the healthcare system?

PATIENTS ARE PART OF THE HEALTHCARE TEAM

FROM DOING THINGS
"TO" THE PATIENT...



... TO DOING THINGS
WITH THE PATIENT!

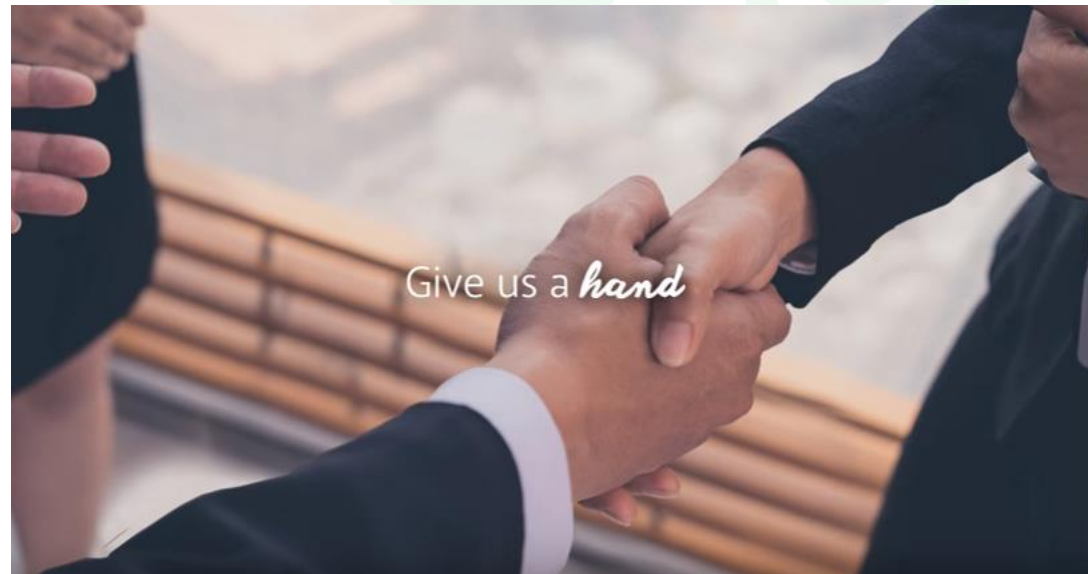
EMPOWERED PATIENTS ARE CRUCIAL FOR HEALTH SYSTEMS

- WE** make informed choices about our treatment and care
- WE** have a better relationship with health professionals
- WE** are committed to adhering to our treatment
- WE** are willing and able to take more responsibility for our care
- WE** take preventive measures and seek earlier diagnosis which reduces hospitalisation and emergency visits

... ALL OF THIS IMPROVES QUALITY AND REDUCES HEALTHCARE COSTS IN THE LONG RUN.

Patient Empowerment

- Why do we need policy-makers and stakeholders to adopt a strategy?
- We need to implement policies and practices for **Patient Empowerment**/involvement at national and EU levels.



THANK YOU FOR YOUR ATTENTION!

Follow us on Social Media!



/europeanpatientsforum



/eupatient



/eupatientsforum



eu-patient.eu/blog

More information

www.eu-patient.eu

info@eu-patient.eu