

FROM JUNE TO NOVEMBER 2022

SUMMER

TRAINING

SUMMER TRAINING COURSE FOR

YOUNG PATIENT ADVOCATES

COURSE FOR YOUNG IN PERSON AND ONLINE TRAINING PATIENT ADVOCATES

> FACE TO FACE EVENT ON

14 - 17 JULY 2022

APPLICATION DEADLINE: 15 APRIL 2022

Applicants must be:

- between 18-30 years of age,
- living in Europe,
- a young patient with a chronic and/or lifelong illness/condition who is not affiliated with a patient organisation,
- a young patient with a chronic and/or lifelong illness/condition who is affiliated with a patient organisation,
- an employee or volunteer of a patient organisation,

**A family member/carer of a young patient can attend the training if s/he accompanies a young advocate and is at the same time an active patient advocate.

ABOUT STYPA

STYPA is an exciting and unique opportunity offering a tailored highquality course for **young patients or representatives of young patients**, providing the space to dive deeper into the delicate topic of **sexual health and well-being for young people with chronic conditions**. Some of the focus topics include:

- What is **the best way to talk to** your healthcare provider, partner or potential partners about your sexual health in regards to your chronic condition,

- Familiarizing participants with the importance of **body positivity and**

self-image,

- Enhancing the confidence of the young patients to **change taboos and misperceptions** about young people with chronic conditions and sex.

+ Many other topics and workshops

PHASE 1

Introduction, **through a webinar** with all accepted participants in June 2022

PHASE 2

Face to face event in Strasbourg,
France, on 14,15,16 and 17 July 2022.
At this event the young patients will have the opportunity to openly
discuss the topic, through
workshops, presentations and
interactive activities, guided by the STYPA trainers and EPF Staff.

PHASE 3

Three follow up workshop webinars, where the young patients will settle on key principles of communication on the topic, during September and October 2022

PHASE 4

Presenting the **key principles of communication on the sexual health and well-being of young patients** in a closing webinar, with various stakeholders, in November 2022.

CONTACTS

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