

## About the Course

**Welcome to the Summer Training Course for Young Patients Advocates (STYPA) application form.**  
**Please read the information below before starting the application process.**

### **The Course:**

STYPA is an exciting and unique opportunity offering a tailored high-quality course for young patients or representatives of young patients, providing the space to dive deeper into the delicate topic of sexual health and well-being for young people with chronic conditions. Some of the focus topics include:

- What is the best way to talk to your healthcare provider, partner or potential partners about your sexual health in regards to your chronic condition,
- Familiarizing participants with the importance of body positivity and self image,
- Enhancing the confidence of the young patients to change taboos and misperceptions about young people with chronic conditions and sex.

### **When and where?**

Introduction webinar - June 2022;

The face-to-face meeting of STYPA will be held **on 14,15,16 and 17 July 2022**, in Strasbourg, France;

Follow up workshop webinars - September and October 2022;

Closing webinar - November 2022.

*\*Please, note that EPF will cover travel and accommodation for all accepted participants in the course.*

*\*The course could potentially be moved fully online, should it be required, due to the COVID-19 pandemic.*

### **Who should apply?**

Applicants must be:

- Young Patient with a chronic and/or lifelong illness/condition who is not affiliated with a patient organisation,
- Young Patient with a chronic and/or lifelong illness/condition who is affiliated with a patient organisation,
- Young Employee or volunteer of a patient organisation,
- Alternatively, a family member/carer of a young patient with a chronic and/or lifelong illness/condition can attend the training if he/she accompanies a young patient and is at the same time an active patient advocate,
- 18 – 30 years of age at the time of applying,
- Living in Europe.

### **Language:**

Please, note that the entire training will be in English. To successfully take part in this training course, you must have a working knowledge of English.

### **Overview of STYPA:**

[Click here](#) to find out more useful information about the training course like, what are the different phases of the course.

### **Contacts:**

If you have any additional questions or issues with your application, please contact EPF Secretariat member Borislava Ananieva at [borislava.ananieva@eu-patient.eu](mailto:borislava.ananieva@eu-patient.eu)

Best of luck!

## Application Instructions

Before starting your application form, please be sure to note the following:

- Please answer each question in full. Incomplete applications and/or applications received after the deadline of **15 April 2022, 23:59 Central European Time** are not valid and will not be reviewed by the Training Course Organisation committee.
- To ensure that you have sufficient time to correctly complete your application, we suggest that you first complete your application in a Word document and then copy/paste your text answers into the online form. [Here](#) you can find a pdf version of the application where you could see all the questions. You will be able to go back and finish your application in more than one session as long as you use the same computer!
- EPF will use the information you provide to assess your application. You can view EPF's privacy policy [here](#).
- Places for the course are limited. You will be notified for the results, by 15 May 2022.

### **How will your data be used?**

If you are selected for this course EPF will share your application details with People Dialogue and Change, who facilitate the course on EPF'S behalf. People Dialogue and Change will use the information you have given us to enable you to participate in the training course. For instance they will use your email and phone number to send you details of the online events and activities in the programme. Your contact details and recordings of you in webinars may also be shared with other participants to enable collaboration. You can view People Dialogue and Changes Privacy Policy [here](#).

Both EPF and People Dialogue and Change (PDC) may retain successfully selected applicants' details to invite them to participate in further EPF projects.

## Application Structure

The application form contains the following sections. Please make sure that you complete all parts of this form.

1. About the Course
2. Application Instructions
3. Application Structure
4. Declaration of Commitment
5. Applicant's General Information
6. Logistic Information Should You Get Accepted to the Course
7. Language
8. Motivation
9. Other Specific Requirements
10. Terms and Conditions
11. Certification and Acknowledgements

## Declaration of Commitment

\* 1. I commit to take part in the full training course (starting in June 2022 and ending in November 2022) and I acknowledge this will require engagement from my side, including:

- Attending the online introduction webinar in June 2022,
- Attending the face-to-face event on 14,15,16 and 17 July 2022 (in person, in Strasbourg, France),
- Attending three workshop webinars in September and October 2022 (online),
- Attending the closing webinar in November 2022 (online).

Yes

No

\* 2. If I get accepted, I agree that pictures and videos in which I may appear, taken throughout the course can be shared publicly, with the intent of promotion of the training course. I understand I will be informed in advance if videos for public use are being recorded.

Yes

No

\* 3. I confirm that I have access to a computer or tablet that is connected to the internet and capable of video chat, which I can use to take part in the STYPA programme.

Yes

No

## General Information

\* 4. First Name:

5. Middle Name (if applicable):

\* 6. Last name:

\* 7. Please indicate if you are:

- |   |  |
|---|--|
| <input type="checkbox"/> Employee of a patient organisation   | <input type="checkbox"/> Family member/carer of a patient with a chronic and/or lifelong illness/condition not affiliated with a patient organisation  |
| <input type="checkbox"/> Volunteer of a patient organisation  | <input type="checkbox"/> Family member/carer of a patient with a chronic and/or lifelong illness/condition affiliated with a patient organisation  |
| <input type="checkbox"/> Patient with a chronic and/or lifelong illness/condition who is affiliated with a patient organisation     | <input type="checkbox"/> None of the above (I am not a patient or family member/carer of a patient nor am I involved in a patient organisation as either employee or volunteer). If this is the case, please be aware that you are not eligible for this Course! |
| <input type="checkbox"/> Patient with a chronic and/or lifelong illness/condition who is not affiliated with a patient organisation |  |

\* 8. Please indicate the chronic and/or lifelong illness/condition you are representing?

9. If you are a staff member or volunteer of a patient organisation, please provides us with the following information:

Organisation name (in English):

Contact details (address, website, etc):

Your title within the organisation:

Your current responsibility and duties:

\* 10. Date of birth (day-month-year):

\* 11. Nationality:

\* 12. Country of residence:

\* 13. Mobile phone number:

:

\* 14. Email address:

\* 15. Confirm email address:

\* 16. How did you hear about the Summer Training Course?

(Please tick all that apply):

EPF Website

EPF event (while attending a conference, workshop, etc.):

EPF Newsletter or Weekly Insiders

Social media

EPF Members

Through a friend, colleague, or professional contact

## Logistic Information Should You Get Accepted to the Course

\* 17. What will be your city and country of departure, going to Strasbourg, France for the face-to-face event, should you get accepted to participate in STYPA 2022?

18. Would you prefer a slim fit or a regular fit T-shirt?

- Slim fit  
 Regular fit

\* 19. What size T-shirt do you wear?

- |  |                            |
|--|----------------------------|
| <input type="radio"/> XS                     | <input type="radio"/> XL   |
| <input type="radio"/> S                      | <input type="radio"/> XXL  |
| <input type="radio"/> M                      | <input type="radio"/> XXXL |
| <input type="radio"/> L                      | <input type="radio"/> 4XI  |
| <input type="radio"/> Other (please specify) |                            |

\* 20. Would you need a personal assistant to accompany you to the face-to-face event in Strasbourg? (This question is necessary to ensure we can accommodate everybody accordingly)

- Yes  
 No  
 Other (please specify)

21. Do you have any specific requirements for your condition, that we need to take into account regarding your potential accommodation (fridge for medications, wheelchair accessible room etc.)?

- Yes  
 No  
 Other (please specify)

## Language

\* 22. Please rate your English language **READING, WRITING AND SPEAKING** skills. Please be reminded that applicants must have a working knowledge of the English language (at least at an upper intermediate level or B2 Common European Framework of Reference for Languages (CEFR)).

- |   |                                     |
|---|-------------------------------------|
| <input type="radio"/> C2 Advanced           | <input type="radio"/> A2 Elementary |
| <input type="radio"/> C1 Very Good          | <input type="radio"/> A1 Basic      |
| <input type="radio"/> B2 Upper intermediate | <input type="radio"/> None          |
| <input type="radio"/> B1 Lower Intermediate |                                     |



## Motivation

\* 23. Please answer the questions below either in a motivational letter or in a short video. If you wish to write a letter, please limit your response to 3000 characters (approximately 500 words) and if you wish to record a video, please limit it to 2min maximum, addressing the same questions. To upload your video, please use one of the following video platforms ([www.youtube.com](http://www.youtube.com), [www.vimeo.com](http://www.vimeo.com) or [www.streamable.com](http://www.streamable.com)) and paste your link in the box below.

Here are the questions you need to address:

- Why do you want to take part in this training course?
- Why are you interested in the topic of the sexual health and well-being of young patients?

\*Please, note that you can submit either a motivational letter or a video. The video is not compulsory, but it will help the selection committee to better assess your application.

## Other Specific Requirements

\* 24. EPF is committed to equal opportunities and will endeavour to reasonably accommodate the specific needs of applicants with disabilities, medical conditions, and/or family circumstances that may have an impact on day-to-day activities, so they may participate in and successfully complete the EPF training course, within the abilities and budget of EPF. Please, describe if you have any specific needs.

## Terms and Conditions

**By clicking "Accept" at the end of this page, the Applicant agrees to the Terms and Conditions of EPF and this course.**

**You can find the [EPF Privacy Policy here](#).**

## Certification and Acknowledgements

\* 25. I hereby confirm that the information above is correct and accurate to the best of my knowledge. I certify that the statements made by me in answering these questions are true, complete, and correct to the best of my knowledge. I understand that any misrepresentation or material omission on this application form and/or additional documents provided in support of this application will render my participation in the activities liable to suspension.

First and last name

Date of application  
submission (day-month-  
year)

Don't forget to **click the "Submit" button below** in order to successfully submit your application!

Should you have any questions, comments or concerns, feel free to contact EPF Secretariat member Borislava Ananieva at [borislava.ananieva@eu-patient.eu](mailto:borislava.ananieva@eu-patient.eu)

Best of luck!