

Nathalie Schwarz

21 years old

Germany

- DCCV e.V.
- EFFCA Youth Group

About my Organization:

The EYG is the youth arm of EFCCA - European Federation of Colitis and Crohn's Associations and aims to give young patients a voice in Europe.

How to contact me:

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About me:

During the time I got my diagnosis I was quite desperate as I realised it is going to be a chronic condition.

Back then I found out about a summer camp my german association of crohns and colitis was organising for children with IBD. I attended and for me it was the best thing I could have done in this situation. It gave me so much strength to see people with the same condition handle their lives perfectly fine and even grow on the challenges their illness gave them.

As I grew older I realized how important this exchange of information and feelings was for me and I decided I want to give something back and do the same for others.

So today I'm responsible for the youth group of my german association and also I am a board member of the european EFFCA Youth Group.

Just recently I joined the EPF Youth Group to have the opportunity to change things on a bigger scale by communicating the needs and wishes of young patients.