



Name: Erin Davies

Joined in: April 2020 (age 25)

Country: Wales

Name of the Organization:

International Bureau for Epilepsy

## About my Organization:

- Aims to improve the social condition and quality of life of people with epilepsy and those who care for them
- Addresses social issues faced by those affected by epilepsy, e.g. employment, education, insurance and public awareness
- Funds social improvement programs, creates the means for worldwide exchange of information
- Helps to set standards with an international policy-focus

## How to contact me:

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## About me:

Hello! My name is Erin Davies and I was formally diagnosed with epilepsy in 2013. I had had a few tonic-clonic seizures as a child but they became more frequent when I started university. I was prescribed some AEDs (anti-epileptic drugs) and eventually came to accept my diagnosis. As the AEDs started to work and my seizures became less frequent, I became more and more involved in raising awareness of the condition and devoted my time to enhancing social understanding of the condition. I started to fundraise for epilepsy charities and soon found myself in consultation with politicians, working on national media campaigns and acting as guest-speaker at various conferences. I've been inspired by other advocates I have met and believe it's vitally important that people with disabilities feel safe, heard and accepted in society. My interest in employment and equality law has led me to pursue a career in recruitment and I'm proud to work as a Recruitment Co-ordinator for a humanitarian organization I joined the Youth Group in April 2020 and was excited by the prospect of becoming a young patient representative. For a long time, I have hoped to address some of the lesserspoken about issues facing people with chronic illnesses, e.g. contraception and sexual health) and look forward to being able to do so as part of a fantastic European patient organization!