



## Securing the future of Young Patient advocacy in times of multiple crises

23 & 24 October 2026, Brussels, Belgium

Hosted by:

Youth Group of the European Patients' Forum (EPF)

### **Day 1 – Friday 23 October**

09:30– 10:00 | Arrival & Registration

10:00 – 10:25 | Opening & Welcome

#### **1. Setting the Scene**

10:25– 11:25 | Opening Plenary: Multiple Crises, One Voice - Young Patients in a World of Crises  
*From climate to conflict, from cost of living to misinformation. High-level dialogue with representatives from diverse stakeholders.*

11:25 – 11:40 | Keynote speech: Why democracy matters for young patient advocates in Europe

11:40 – 12:00 | Coffee Break

#### **2. Zooming into the Multiple crises**

12:00 – 13:15 | Parallel Interactive Workshops

##### **Workshop 1 – Economic Crisis and Youth Patient Advocacy**

*Exploring how the current economic crisis impacts young patient advocates and youth engagement more broadly, including access to resources, opportunities, and participation in policy spaces.*

##### **Workshop 2 – Geopolitical Shifts, Conflicts & Shrinking Welfare States: What It Means for Young Patients**

*How wars, economic instability, EU-level shifts, and national policy changes are reshaping access to healthcare, social protection, and patients' rights - and why young patients are often the first to feel it.*

##### **Workshop 3 – Climate, Health & Chronic Conditions**

*Understanding how climate change and environmental crises affect health systems and people living with chronic conditions – and where youth advocacy can drive change.*

13:15 – 14:30 | Lunch

14:30 – 15:15 | Report back from workshops

### 3. Power & Participation

15:15 – 16:30 | Plenary 2: Power & Participation: Who Gets a Seat at the Health Policy Table?

*Discussion with young representatives across the health ecosystem on strengthening meaningful youth representation in health policy.*

16:30 – 17:00 | Closing Day 1

*Reflections on the day and what to expect on Day II*

19:30 – 22:00 | Dinner & Networking

*Celebrating Pre-10 Years of STYPA and youth advocacy milestones*

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### Day 2 – Saturday 24 October

*Focus: Co-creating the future of youth patient advocacy in Europe.*

09:00 – 09:30 | Morning Energiser

### 4. Patient Organisations & Governance

09:30 – 10:30 | Plenary 3: Youth involvement in patient organisations: Breaking Silos

*Discussion with patient advocacy leaders on embedding meaningful youth involvement in patient organisation governance and decision-making.*

10:30 – 11:00 | Coffee Break

### 5. Youth Policy Impact & Best Practices

11:00 – 11:30 | Fireside chat presentations: Success stories of involving young people across sectors

*Success stories from other sectors – youth advocacy with an impact (climate, democracy and civil rights, etc.)*

11:30 – 12:30 | Plenary 4: From Vision to Action

*A discussion on how to strengthen meaningful youth participation and ensure young patients can influence health policy and system transformation in practice.*

12:30 – 13:00 | Closing Session

13:00 – 14:00 | Lunch

14:00 – 17:00 | EPF Youth Group Elections

Departure