



Securing the future of Young Patient advocacy in times of multiple crises

23 & 24 October 2026, Brussels, Belgium

Hosted by:

Youth Group of the European Patients' Forum (EPF)

Day 1 – Friday 23 October

09:30– 10:00 | Arrival & Registration

10:00 – 10:25 | Opening & Welcome

1. Setting the Scene

10:25– 11:25 | Opening Plenary: Multiple Crises, One Voice - Young Patients in a World of Crises
From climate to conflict, from cost of living to misinformation. High-level dialogue with representatives from diverse stakeholders.

11:25 – 11:40 | Keynote speech: Why democracy matters for young patient advocates in Europe

11:40 – 12:00 | Coffee Break

2. Zooming into the Multiple crises

12:00 – 13:15 | Parallel Interactive Workshops

Workshop 1 – Economic Crisis and Youth Patient Advocacy

Exploring how the current economic crisis impacts young patient advocates and youth engagement more broadly, including access to resources, opportunities, and participation in policy spaces.

Workshop 2 – Geopolitical Shifts, Conflicts & Shrinking Welfare States: What It Means for Young Patients

How wars, economic instability, EU-level shifts, and national policy changes are reshaping access to healthcare, social protection, and patients' rights - and why young patients are often the first to feel it.

Workshop 3 – Climate, Health & Chronic Conditions

Understanding how climate change and environmental crises affect health systems and people living with chronic conditions – and where youth advocacy can drive change.

13:15 – 14:30 | Lunch

14:30 – 15:15 | Report back from workshops

3. Power & Participation

15:15 – 16:30 | Plenary 2: Power & Participation: Who Gets a Seat at the Health Policy Table?

Discussion with young representatives across the health ecosystem on strengthening meaningful youth representation in health policy.

16:30 – 17:00 | Closing Day 1

Reflections on the day and what to expect on Day II

19:30 – 22:00 | Dinner & Networking

Celebrating Pre-10 Years of STYPA and youth advocacy milestones

Day 2 – Saturday 24 October

Focus: Co-creating the future of youth patient advocacy in Europe.

09:00 – 09:30 | Morning Energiser

4. Patient Organisations & Governance

09:30 – 10:30 | Plenary 3: Youth involvement in patient organisations: Breaking Silos

Discussion with patient advocacy leaders on embedding meaningful youth involvement in patient organisation governance and decision-making.

10:30 – 11:00 | Coffee Break

5. Youth Policy Impact & Best Practices

11:00 – 11:30 | Fireside chat presentations: Success stories of involving young people across sectors

Success stories from other sectors – youth advocacy with an impact (climate, democracy and civil rights, etc.)

11:30 – 12:15 | Plenary 4: From Vision to Action

A discussion on how to strengthen meaningful youth participation and ensure young patients can influence health policy and system transformation in practice.

12:15 – 12:45 | Closing Session

12:45 – 14:00 | Lunch

14:00 – 17:00 | EPF Youth Group Elections

Departure